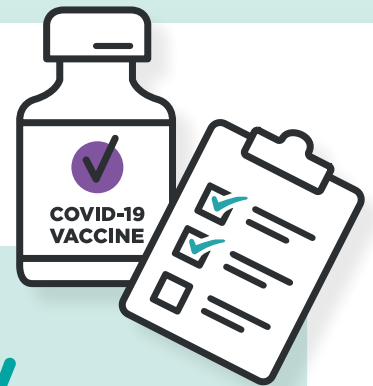


COVID-19 vaccines during pregnancy and breastfeeding

It's safe to be vaccinated and is important for the health of you and your baby



Benefits for your baby

Pregnant women with COVID-19 have a higher risk of stillbirth or premature delivery. Their babies are also more likely to show distress during delivery, or need treatment in a newborn intensive care area in the hospital.

Vaccination is the best way to reduce these risks.

Women planning pregnancy

Getting vaccinated before conceiving means you are likely to have protection against COVID-19 throughout your pregnancy.

- It is safe to fall pregnant before or after a COVID-19 vaccination
- Vaccination does not affect fertility
- You are not required to have a pregnancy test before getting vaccinated



Vaccinations during pregnancy

Translated materials here:



acm
Australian College of
Midwives

“I am concerned about getting the COVID-19 vaccination as I am pregnant..”



“The COVID-19 vaccination is safe during pregnancy, for you and your baby..”

Which vaccine for breastfeeding women?

Pfizer or Moderna are the recommended COVID-19 vaccines for women who are pregnant, breastfeeding or planning pregnancy.

Research shows these vaccines are safe for pregnant and breastfeeding women and they can receive the vaccine at any stage of pregnancy.

For the best protection, pregnant women are recommended to receive the Pfizer COVID-19 vaccines at least 3 weeks apart, or the Moderna COVID-19 vaccines at least 4 weeks apart.

Are there any side effects?

Studies from around the world have not found any side effects specific to pregnant women or their babies. However, it is possible there are very rare side effects that have not been found yet.

Standard side effects

- Pain at injection site
- Headaches
- Muscular pain
- Chills and fever
- Joint pain
- Diarrhoea